

USAG-Brussels (NSA) Program Info “from A to Z”
End of Oct/Nov/Dec 2005 – updated input (OPSEC proofed)

AIR POST OFFICE (APO)
Bldg 2, DSN 368-9718, CIV 02 717-9718.
Closed at 3 p.m. on Thursday for training

OCTOBER IS NATIONAL STAMP COLLECTION MONTH At the APO, there are collectible stamps that you can win! Stop by our office for information about the prizes and put your name in for a drawing. In addition, for the kids, there is a stamp design contest. The APO has a limited supply of coloring books for the kids with ideas on creating your own stamp. Please put age, name, and phone number on the drawing. A prize will be awarded for the best-designed stamp. The contest will end on November 4. The winners will be contacted on November 7.

2005 HOLIDAY DEADLINES are as follows: 26 November - SAM PARCELS; 03 December - PAL PARCELS; 10 December - PRIORITY PARCELS, as well as, FIRST CLASS LETTERS/CARDS; 19 December - EXPRESS MAIL. Make sure you plan ahead!

APO “EXPRESS MAIL” CUT-OFF TIMES are established to ensure mail delivered before cut-off time is properly loaded and manifested on to the outbound mail truck. All mail not meeting the cut-off time will be manifested the next business day. Please note the U.S. Embassy cut-off time is 9:30 a.m.; NATO HQ cut-off time is 10:30 a.m.; USAG-Brussels/NSA cut-off time is 11:30 a.m.

LEAVE & TDY You are required to fill out DD FORM 2258 Temporary Mail Disposition instruction at your local APO before you depart on Leave and/or TDY. This form allows us to determine your status during your absence. This reduces the mail clerk man hours and prevents box closure and/or return of mail.

APPOINTMENT SERVICE AVAILABLE Anticipating getting caught in the PCS rush? Need to mail lots of packages to family and friends? Why not try our appointment service! Customers with 5 or more packages may lock in a specific time to mail their parcels. Please call 02-717-9718 to schedule an appointment.

USPS MOVER’S POSTCARDS A fast and easy way you can send family and friends your new address. Log in too <http://www.moverspostcards.com/> and create your customized postcards. Postcards are printed and mailed next business day. Cost per customized postcard \$0.83.

IDENTIFICATION CARD CHECKS Force Protection measures require 100% ID card checks on all customers desiring postal services, to include customers in military uniform purchasing stamps or money orders. Customers who can not or will not present a valid ID card will be effused service. Personal recognition or individual's rank or status does not change ID card requirement.

CARE OF MAIL According to postal regulations, any mail containing the words care of or attention to will be returned to sender, even if it is addressed to the sponsor. The sponsor will be notified before mail is returned to sender.

WHO IS AUTHORIZED MPS PRIVILEGES? Active duty members of the Armed Forces and their command sponsored family members, Department of Defense, organizations that support a DoD mission, Department of Defense Dependant Schools, and their U.S. citizen employees and command-sponsored family members are authorized MPS postal support. Family members residing overseas under the Dependent Residing Overseas (DRO) program are authorized postal support for 90 days after the departure of the military member sponsor. Also, U.S. military retirees have privileges, but are only authorized no more than 16 ounces coming in or going out.

DID YOU KNOW?... It is against DoD regulations to operate a business from your APO box. This includes receiving "in care of" mail ordering items for non-ID cardholders and local nationals. The reasoning behind this rule is the DoD must pay for the transportation of our military mail and making a profit at the governments expense is considered fraud and abuse. Patrons not conforming to this policy will likely lose their APO privileges and could face criminal charges.

ANDREWS FEDERAL CREDIT UNION (AFCU)
Bldg 2, DSN 368-9905, CIV 02 717-9905.

PLEASE NOTE AFCU WILL BE CLOSED between 1 p.m. and 2 p.m. from **October 17-21**, due to staff shortage. We apologize for any inconvenience this may cause and we thank you for your understanding.

MAKE A DIFFERENCE! AFCU is accepting donations for the ***Hurricane Katrina Relief Efforts***. We will match donations – up to \$25,000.00! Proceeds will go to the American Red Cross. Thank you for your support!

TODAY, OCTOBER 20th is *International Credit Union Day*. Come on, come all, for the Coloring Contest and the "Guess How Many Pennies are in the Jar" Game!

PUMPKIN CARVING CONTEST! Stop by AFCU as soon as possible and find out how to participate in our first Pumpkin Carving Contest! There will be a first prize winner in each age

group (child 0-5 years, youth 6-12 years, and adult 13-above). The Pumpkin Carving Judging will happen on Friday, October 28.

UPCOMING AFCU EVENT Stop in and ask how to participate in our November drawing...

NOVEMBER 23RD is *Membership Appreciation Day*. Come see us for free snacks and great fun!

IN DECEMBER, during the whole month, you can get a gift from the gift tree! Wonder how? Check with your Brussels AFCU Branch Staff...

ARMY COMMUNITY SERVICE (ACS)
Bldg 4, DSN 368-9783, CIV 02 717-9783.
Open Monday to Friday, 8 a.m. to 5 p.m.

TREASURE HUNT COMPETITION: We would like to thank all the children who took part in the Treasure Hunt competition at this year's Information Fair and Open House, on September 16, at USAG Brussels. The prize winners' names were drawn by Ambassador & Mrs. Korologos on September 28 at the US Embassy:

- 3rd prize (\$15.00 AAFES gift certificate): Erin, 11 years old;
- 2nd prize (\$50.00 AAFES gift certificate): joint entry - Timothy and Jonathan, 6 & 8 years old;
- 1st prize (DVD player): Devin, 8 years old.

MOS TRANSLATION SERVICES If you have documents requiring translation services, you can send them to the new Military One Source email address: militaryonesource@ceridian.com Military One Source (MOS) is an information & referral service designed to supplement the I&R Program of your Brussels ACS. Whether you are preparing for a new baby, dealing with relationship issues, getting out of debt, or buying your first car, MOS can help. They will provide a customized response, whatever your needs are. The service is 24 hours a day, 7 days a week, 365 days a year. All branches of service are eligible and Active Duty, National Guards, Reservists and Family Members may also use MOS for free. When you call, there are no recorded messages: a consultant will always answer your call personally. Their website gives you worldwide access to i.e. online articles, newsletters, and workshops, booklets and audio recordings at no cost to you, and translations of documents from and into over 150 foreign languages. To find out what all the other free services available are, browse their website at: www.militaryonesource.com (User ID to log in is *Military*; Password to be used is *OneSource*).

INFORMATION & REFERRALS Come to NSA, Bldg 4, top floor and have your questions answered; pick up community event flyers, program tri-fold brochures, and free copies of the Benelux Link magazine, Meteor-Heraut newspaper, and Connection magazine; receive information on NSA agencies; process Makro cards; and sign up for classes! The ACS

Reception/In-take Desk is located in front of the elevators and open Mon-Fri from 8 a.m.-5 p.m. You can also give Amberly a call at 02 717-9783.

METRO MADNESS OUTINGS The easiest way to travel around the Brussels Capital Region is to use the public transport system, so attend the next Metro Madness classes on **October 21 or November 18** from 9:30 a.m. to 2:30 p.m. This most popular ACS class, followed by an exploratory trip, will assist you to become acquainted with the Tram, the Pre-/Metro, and the Bus. Meeting place is ACS at NSA Bldg 4, top floor, at 9:25 a.m. Limited to 10 people so please call 02 717-9783 to register.

SPONSORSHIP TRAINING If you need some tips on how to become a "know what to do sponsor", if you need training in order to better accomplish your sponsorship duties, you can either call ACS and ask for a one-on-one training or be trained on line by going on the S-Gate Sponsor Training Website at <https://www.sponsor-training.hqusareur.army.mil>. This site provides training for first time sponsors, as well as, good resources for trained sponsors.

JOB ANNOUNCEMENT BOARD If you are looking for a job, the ACS Employment Readiness Program maintains a list of job vacancies in the region. Vacancies are posted on the Job Announcement Board, which is located next to the ACS Employment Readiness Manager's Office, Room 326, at the top floor of NSA, Bldg 4. For more information or to obtain application forms and other useful handouts, contact Amélie at 02 717-9698.

WEBCAMS AVAILABLE AT ACS In case of deployment, TDY, PCS move, hospitalization, or any other event that can keep you separated from your family and make you feel lonely or homesick... ACS offers now free webcams to use when you want to share special moments such as a new baby, a graduation, or birthday greetings. This service is free of charge but only by appointment, so please call 02 717-9783 in advance.

FREE COMPUTER CLASSES Come to the US Army Garrison Brussels Community Computer Lab for the following free workshops. Audience is limited to Tri-Mission family members (with ID card) actively seeking employment and willing to learn the skills necessary to use computer programs. The following courses will help you learn the *basics* of each of these programs. To register call ACS at 02 717-9783.

- **MS-Word: Monday, October 24**, 9:00 a.m. to 1:00 p.m. Also offered on **December 5**.
- **MS-Excel: Tuesday, October 25**, 9:00 a.m. to 1:00 p.m. Also offered on **December 6**.
- **MS-PowerPoint & MS-Outlook: Wednesday, October 26**, 9:00 a.m. to 1:00 p.m. Also offered on **December 7**.
- **MS-Access: Thursday, October 27**, 9:00 a.m. to 1:00 p.m. Also offered on **December 8**.

REMEMBER: OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH.

[By Kathryn Malinski, the Brussels ACS Domestic Violence Prevention Educator]

What is Domestic Violence? Domestic abuse between spouses or intimate partners is when one person in a marital or intimate relationship uses fear and intimidation and may threaten or actually use physical or sexual violence. Domestic abuse that includes physical violence is

called domestic violence. It is a crime whose victims are primarily women and annually leaves three to four million women in the United States beaten by their husbands or partners. Prevention can only occur with awareness of the problem and education toward understanding how such violence affects women, men and children in our society. The DoD's Family Advocacy Program goal is to reduce and prevent family violence through prevention, education, wellness and treatment. Preventive programs such as anger and stress management, marital enrichment programs and couples communication groups are just a few of the classes offered. Counseling is available through Soldier & Family Life Consultants (0479 40-4482 or 065 44-5324); and Chaplain Longworth at the NSA/USAG-Brussels (02 717-9708). All services are confidential and no records are kept. Social Work Services at SHAPE provide ongoing counseling services (065 44-5801). If you are aware of anyone suffering from abuse, you are highly encouraged to phone the Brussels MP Desk at 02 717-9769. All referrals will be confidential. **Through education, awareness and community involvement, we can work together to stop Domestic Violence!**

ANGER! THINK ABOUT IT. How is anger affecting you life? Do you control it or does it control you? Is there anything good about this powerful emotion? Invest a little time in a class. Find some answers for yourself and you family. This *Anger Management Class* will be held in the USAG-Brussels Building 4 Conference Room from 11 a.m. – 12 Noon on **Monday, October 24**. To register call ACS at 02 717-9783.

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) The primary mission of EFMP is to ensure special needs of a family member can be met at a new duty station. Soldiers must ensure EFMP enrollment is up-to-date. All Soldiers must now be enrolled in EFMP in order to continue to receive certain medical benefits through TRICARE Extended Health Care Option. They can go to their unit EFMP representative for assistance with the enrollment process and referral to the EFMP coordinator. Soldiers on PCS orders must ensure that the EFMP coordinator forwards all records to the new EFMP coordinator, to avoid possible delays in service. For more information, visit <http://www.efmconnections.org> or contact Terri, the USAG-Brussels EFM Program Manager, at 02 717-9693.

SEXUAL ASSAULT PREVENTION AND RESPONSE PROGRAM (SAPRP) ACS is currently implementing the SAPR program to raise awareness of incidences pertaining to sexual assault within the community by providing education and training. The *Sexual Assault Response Coordinator* (SARC) will be leading the advocacy and assistance efforts for community victims through designated unit victim advocates (UVA's) within the Brussels area. If you feel you have been a victim of a sexual assault or wish further information or training, please call the Brussels SARC, Alexia at 02 717-9668. Visit the following websites for additional resources regarding sexual assault and watch for additional flyers and resources coming soon:

- DoD Sexual Assault Prevention and Response: www.sapr.mil
- Army's Sexual Assault Prevention and Response: www.sexualassault.army.mil
- Sexual Assault, Not In Our Army!: www.per.hqusareur.army.mil/sexualassault
- Army Hooah4Health; Prevention: Sexual Assault: www.hooah4health.com/prevention/injurytrauma/sexualassault.htm

- SOS Viol - Rape Crisis Center, 62A, rue de Bordeaux, 1060 Brussels; Tel: 02/534-8667; sosviol@brutele.be

TODDLER PLAYGROUP is **every Tuesday and Friday** from 10 a.m. to 12 noon at the Performing Arts Center, Bldg 4, ground floor. No sign up required. Come have some fun with your kids and meet other parents!

HOUSING SURVEY AS AFAP RESPONSE In response to the quality of life issue (05/F-03) raised this year at the Brussels Community AFAP Forum, the NSA/USAG Housing Office is currently conducting a survey to assess the needs of arriving and departing personnel in temporary living accommodations, and to determine if the current facilities meet our customers' requirements. Whether you are military or civilian, we kindly ask you to take a few minutes of your time to answer the 10 questions which you can access directly at www.brussels.army.mil/acs/survey/survey.asp (results are anonymous). When completed, hit the submit button at the bottom of the form and the results will be emailed directly to the Brussels Housing Office. Your responses will be used to improve temporary lodging options for future newcomers: all surveys received will be compiled, findings will be reported to the Brussels AFAP Steering Committee, and outcomes published on the community website. **Please note the deadline has been extended until October 28.** Thanks in advance for your collaboration.

EARLY SUBMISSION OF 2006 AFAP ISSUES It is never too early to share a good idea! We are entering that time of year again: our FY06 AFAP Forum is a few months ahead still but, as far as prep work, it's just around the corner! So we already start welcoming your suggestions now on how to improve the quality of life for the entire community. Take a chance during the issue solicitation period by submitting your concerns and recommended solutions for consideration at the next Brussels Tri-Mission Community AFAP Forum. Complete an *Issue Submission Form* which can be found by the blue AFAP drop-off box located next to the ACS Reception Desk at the top floor of Bldg 4. To find out more about all the different ways to participate in our Brussels AFAP or to receive a free copy of the program's tri-fold brochure, contact Isabelle directly by email, by phone at 02 717-9643 or stop by her office (room 306).

B.O.S.S. PROGRAM

Better Opportunities for Single Service Members

DSN 368-9639, CIV 02 717-9639.

Calling all single Armed Forces men and women! BOSS aims to improve the overall quality of single service member's lives. It assists singles in planning recreation and leisure activities and gives them the opportunity to participate in and contribute to their community. Open to all singles in the Armed Forces, regardless of your branch service. Interested? Email Anastacia, the Brussels BOSS Program Representative, or call Lisa, Special Events Coordinator, at 02 717-9639.

SWEETHEART BANQUET Mark your calendars: **Saturday, October 29** is a date night for you and your sweetie! Come join us for a *Sweetheart Banquet* from 6 - 8:30 p.m. in the Brussels American Chapel Fellowship Hall. Enrich your marriage while enjoying a dinner and child watch at no cost! Please call to register at 02 717-9677 and reserve your seats and childcare. This joint event is sponsored by the USAG-Brussels Chapel and Army Community Service.

CHILD AND YOUTH SERVICES**Bldg 3, DSN 368-9651, CIV 02 717- 9651.**

CENTRAL REGISTRATION is open Mondays, Tuesdays, Wednesdays and Fridays from 9:30 a.m.-1 p.m. Registration for SAS and Middle School/Teen after school programs is ongoing at the Youth Center. For more information about available programs, contact CYS.

CHOCOLATE BOWL II Our “International Youth Flag Football Tournament” will be held at BAS (Brussels American School) fields on **November 5**. Be ready for the kick-off at 10 am... Several 12-15 year old youth teams from Belgium, Holland, Germany, and France will converge on Brussels to vie for the chocolate statue! Anyone interested in being involved should contact Susan at Youth Sports by email or call 02 717-9649.

AIKIDO provides an outlet for physical energy and develops coordination and control. The discipline increases confidence and self mastery. Registered CYS patrons in grade K – 12 are eligible to take instruction from a 5th degree black belt master. The classes meet on **Tuesdays at 3:30 p.m.**

EDUCATION CENTER**Bldg 1, DSN 368-9704, CIV 02 717-9704.**

EDUCATION DAY EXPO The Education Expo is planned at three different locations in October and representatives from the University of Maryland, Central Texas College, University of Phoenix and University of Oklahoma will be available from 1100-1400 as service to Tri-Mission personnel. **On October 21 at NATO Support Activity/ USAG-Brussels.** University Registration period is from October 10-21 and Term II starts on October 24.

TESTING AT THE EDUCATION CENTER Back by popular demand! CLEP, DANTES, ECE and other selected tests. Advance registration is necessary and a minimum of three examinees is required. Offered at 10 a.m. on **Tuesdays, October 25, November 8 & 22, and December 13** at the Education Center. To register call 02 717-9704 or email Joseph.

CENTRAL TEXAS COLLEGE'S CRIMINAL JUSTICE PROGRAM presents to you:

CJSA 2302- "Police Management, Supervision, and Related Topics": Provides students with pertinent information concerning techniques regarding dealing with people, performance and problems. Topics include supervision, leadership, time management, first line supervision, and management objectives. Offered both Saturdays and Sundays from 9 a.m. to 5:30 p.m., on **October 29 & 30, November 12 & 13, and December 3 & 4.**

CJSA 1322- "Introduction to Criminal Justice": Provides the study of history and philosophy of the criminal justice system. Overview of Criminal Justice System, law enforcement, court systems, prosecution and defense, trial processes and corrections. Offered both on Saturdays and Sundays from 9 a.m. to 5:30 p.m., on **November 5 & 6, 19 & 20, and December 10 & 11.**

HURRY UP! Registration for these two courses still runs until tomorrow, October 21.

To sign up, or simply for more information, contact Pam Kuykendall at 065 44-7447, or pamella.kuykendall@benelux.army.mil The instructor will be Mike Strauch. Textbook: "Police Administration: Structures, Processes, and Behavior" 5th ED and "Introduction to Criminal Justice", 4th Ed. Author: Swanson/Territo/Taylor, Editor: Bohm/Haley, ISBN# 0-130-2857-30 or 0-072-9720-92. Important note: Students must have the textbook PRIOR to coming to the first class!

NOVEMBER EVENTS CALENDAR:

- **November 1:** Please note the Ed Center will be closed in observance of a Belgian Holiday.
- **November 10:** Ed Center closed from 8 a.m. to 12:30 p.m. for staff call at SHAPE Ed Center.
- **November 11:** Closed for Veterans' Day.
- **November 14-25: Headstart French Language Orientation Course**, from Monday to Friday, 10 a.m. – 1 p.m. at the NATO HQ, USDELMC. Free of charge and open to all at NATO HQ! The military personnel is especially encouraged to attend.
- **November 8-22:** Beginning at 10 a.m., with prior registration (one week in advance), the SHAPE Testing Officer will administer **CLEP, DANTES, ECE, and other selected tests**. These sessions are on an as required/demand basis; a minimum of 4 examinees is required. Testing at SHAPE is possible at other times. Please call us for details.
- **November 25: Education Expo at NATO HQ.** Look for the display and the University/Education Center representatives in the shopping concourse! University of Maryland, Central Texas College, University of Phoenix and University of Oklahoma will be available from 1200-1400 as service to personnel at NATO.

- **From November 28 until December 2, 0830-1230, *Advanced Skills Education Program Course* (ASEP).** Dr. Carmone will teach MTHR 1173 Counseling Techniques. Tuition free one college-level credit awarded for successful completion!
- **Also coming up in November (specific date still TBD),** there'll be an Education EXPO at The Marine House. University of Maryland, Central Texas College, University of Phoenix and University of Oklahoma will be available from 1100-1400 to brief on education programs.

DECEMBER EVENTS CALENDAR:

- **December 8:** The Ed Center will be closed from 0800-1230 for staff call at SHAPE Ed Center.
- **December 9:** Ed Center and University representatives will be at the Community Liaison Office (CLO) by the US Embassy for an Education Expo.
- **December 10:** The Second Annual Brussels Education Opportunity Forum will be held from 1300-1600 in the USAG-Brussels Bldg 2 Community Conference Room. Learn about educational opportunities in Brussels; meet specialists and students; start here and NOW!
- **December 14:** Beginning at 9 a.m., with prior registration (one week in advance), the SHAPE Testing Officer will administer **CLEP, DANTES, ECE, and other selected tests**. These sessions are on an as required/demand basis; a minimum of 4 examinees is required. Testing at SHAPE is possible at other times. Call the Ed Center for details.
- **Also coming up in December (specific dates still TBA):** (1) The Education Center will close at 1 p.m. for the NSA/USAG-Brussels Hail and Farewell Ceremony; and (2) it'll be the **Proctored UMUC DE Exam Week**.
- **From 23 December 2005 thru 3 January 2006:** Please note the Education Center will be closed for the holiday school break. See you all in the new year for more courses!

LIBRARY

Closed on U.S. Holidays

Bldg 4, DSN 368-9791, CIV 02 717-9791.

NEW CHECK-OUT SYSTEM AT USAG/NSA LIBRARY Installation Management Agency Europe Morale, Welfare and Recreation (IMA-E MWR) Libraries have upgraded their automated library system that controls check-outs of library materials and many other library functions. The migration occurred between 10-13 October. While the new European General Libraries Information System (EGLIS) is brought online, there could be some short delays in serving patrons. Some features of the previous system (PALS) may not carry over such as the due dates for the various library materials. In some cases, the length of time for keeping items has been reduced. At this time, there is not the flexibility in determining the due dates. Also, any holds or inter-library loan requests that were placed before the migration have disappeared. It will be necessary to place your requests again. Please contact the library for assistance. The

new system improves the circulation process, patron registration, the online catalog, and will facilitate the sharing of materials. The Library Staff asks for your patience during the transition. Thanks in advance for your understanding.

THE LIBRARY OFFERS the Brussels Tri-Mission Community a modern facility with services normally associated with public libraries in the US: the latest and best in books, magazines, and audiovisual materials (videos, CD's and cassette tapes); wide-ranging collections and programs for all ages and interest groups; reference, research and information assistance; access to Internet and other online reference resources! All members of the Brussels Community are eligible to use the Library free of charge.

PRE-SCHOOL STORY HOUR Please join Miss Charlotte at the USAG-Brussels/NSA Library in Bldg 4 on Wednesday mornings to listen, learn, and share the world of books and reading! The age range is 3-5 years old. However if your child is not yet three, he or she may “audition” for a place on the reading rug... Our ongoing Pre-School Story Hour is **every Wednesday** from 10-11 a.m. Please register your child(ren) with the Library staff in advance at 02 717-9791.

MULTI-CRAFT CENTER

Bldg 1, DSN 368-9629, CIV 02 717-9629.

THE ARTS & CRAFTS CENTER offers a wide variety of services, instruction, gifts and craft materials for sale. Located on the first floor of Bldg 1, we offer group courses, individual classes for adults and children, framing and engraving services, as well as a stock of local and handmade gifts at excellent prices. Stop in to browse our collection of glassware, pewter, framed and unframed prints and ceramics works or to find out about upcoming classes. **Office hours are as follows:** closed Mon-Tue, open Wed-Thu from 2-9 p.m., Friday from 10 a.m.-1 p.m., and Sat-Sun from 10 a.m.-6 p.m.

RECURRING ARTS & CRAFTS PROGRAMS *Every Wednesday:* Wood Shop Safety Instruction. *Every Saturday & Sunday:* the Ceramic Studio is open.

OPENING FOR ARTS & CRAFTS VENDORS Our annual Holiday Market is coming up on October 28 & 29. We are looking for artists and crafters who are interested in being vendors. If you or your group would like to sell items at the Market, please contact Paul at the Multi Craft Center at 02 717-9629 to arrange details to become a vendor.

SALE RUNS UNTIL DECEMBER 31 Bring in 4 items to the Frame Shop and pay labor charges on only 3! Schedule a Birthday Party Class and rent the Multi-purpose Craft Room for your cake and ice cream for only \$10.00 for the day. Sign up for a Family Ceramics Class and save 10% for each family member!

ANNUAL HOLIDAY MARKET Start your holiday shopping early with items for Halloween, Thanksgiving and Christmas. Knit baby blankets, silk scarves, jewelry, baskets, handmade jams and jellies, chocolate, pewter, tapestries, prints, ceramics, pottery and more! Mark your calendar for **October 28 & 29** from 10 a.m.-6 p.m. The market will take place in the Performing Arts Center, on the ground floor of Bldg 4 at USAG-Brussels.

NEW USAG-BRUSSELS LOGO PLAQUES Need a special gift or award? The new plaques with our USAG-Brussels logo are here! Customized engraving, glass etching, and more available. Stop by the Multi-Craft Center to discuss the possibilities.

OCTOBER COURSES Registration is required for all courses one week in advance:

Frame Making

October 20, and 27, 1400-1700 and 1800-2100

Class size is limited to 3 students. Cost is \$35.00 includes all materials except frame.

Cooking Basics: Slice and Dice

October 22, 1000-1300. Learn the basics of preparing foods with this introductory class. And enjoy lunch afterwards! Cost is \$35.00 plus materials.

Scrapbooking Class & Club

October 25, 1800-2100

Instructor Marie Farson will have materials for purchase as well as take orders for Creative Memories scrapbooking items. Bring in your own photos to make your first page with the Instructor. Already a scrapbooker? Join us on Tuesday nights. Tools and idea books available plus inspiration from club members! Cost is \$15.00 plus materials for class. Cost is \$5.00 to join the club. **Special: October 25 is "Croptober Fest"** we will have door prizes, games and refreshments during the Scrapbook Club. Bring a friend and get a second ticket for the door prize drawing!

Basket weaving: Fall Bucket

October 27, 1800-2100. Cost is \$20.00 plus materials.

AGENDA FOR NOVEMBER Please note we'll be **closed on November 11** for Veteran's Day **and on November 24** for Thanksgiving Day. We thank you for your understanding. For the following programs, please call us one week in advance to register and for cost information:

ArTopics: Paint

November 2, 1800-2100.

Framing

November 3, 10, and 17, 1800-2100.

Scrapbooking Class

November 8 & 22, 1800-2100.

Sewing Basics

November 9 & 10, 1800-2100.

ArTopics: Paper

November 9, 1800-2100.

Cooking Basics: Tamales

November 12, 1000-1300. Learn how to make great Tamales with this introductory class. And enjoy lunch afterwards!

ArTopics: Metal

November 16, 1800-2100.

ArTopics: Glass

November 23, 1800-2100.

AGENDA FOR DECEMBER Please note we'll take a **break from December 23-31**. Happy Holidays to everyone! Call us one week in advance to sign up for the courses below:

Framing

December 1, 8, 15, and 22, 1800-2100.

Scrapbooking Class

December 6 & 20, 1800-2100.

ArTopics: Paint

December 7, 1800-2100.

ArTopics: Paper

December 14, 1800-2100.

Cooking Basics

December 10, 1400-1700: ***Tapas*** (please note the time change!). Join us for a Tapas Class!

December 17, 1000-1300: ***Cookies*** (back to our regular schedule). Calling all cookie lovers...

Sewing Basics

December 14 & 15, 1800-2100.

Leaded Stained Glass

December 17, 1400-1700.

CANTERBURY CALLING! * Saturday, October 22 Depart from Sterrebeek at 5 a.m. and return around 10:30 p.m. Price is \$45 for adults and \$39 for children under 12. Take our day trip and see Canterbury for its famous cathedral, the *Canterbury Tales*, and the various antique shops! We first drive to Calais, where a car ferry will take us to Dover in the UK. Enjoy the English breakfast and shopping on board! Then, on the road to Canterbury, we will make a photo stop at Dover Castle.

MEDIEVAL GHENT AND BRUGES * Saturday, October 29 We will leave Sterrebeek at 8 a.m. and be back at 9 p.m. \$45 is the cost for adults, only \$35 for children. Try our two-in-one formula to make the most of Ghent and Bruges on a day trip. Discover these equally memorable medieval cities! Our day will start with a guided walking tour through the beautiful city of Ghent. After lunch we will carry on to Bruges and, again, our experienced guide will take us on a tour through the city.

TRIP TO VILLEROY & BOCH FACTORY * Saturday, November 5 Visit one of Europe's oldest porcelain manufacturers! First stop is in Luxembourg: here you will have the chance to buy the popular tombola boxes. Later on we will stop in Mettlach, Germany – a beautiful little town on the river Saar. There will be a choice available in porcelain, cutlery, and table linen. The shops sell both firsts as well as very good-quality seconds. You will also find other shops and restaurants in the town of Mettlach.

NORTH SEA FISHING TRIP * Saturday, November 12 Be ready for an early-morning departure for this deep-sea fishing trip which you'll remember! Price is €60 per person, including bus transportation and boat rent. Fishing gear and bates/worms are available on the boat: €14 for a standard pack, €20 for an extra pack – or bring your own... We need 20 people signed up in advance to confirm the trip, so the first ones will go: call Leon quick!

PARIS IN THE FALL * Saturday, November 19 Depart from Sterrebeek at 5 a.m. and return around 11 p.m. Price is \$40 for adults and \$33 for children under 12. Have you ever seen Paris in the Fall? If not, you just won't want to miss it, and if you have, you certainly will want to come back. On arrival, we will have an hour and a half tour of Paris and drive by the famous Moulin Rouge, the Opera house, place de la Concorde, Champs Elysées, the Arc de Triomphe and Eiffel Tower, the Palais du Louvre, the Ile de la Cité, and pass by the Cathedral of Notre-Dame. Then Paris is all yours for exploring until the evening when we head back to Brussels.

CANTERBURY TALES * Saturday, November 26 Depart from Sterrebeek at 5 a.m. and return around 10:30 p.m. Price is \$45 for adults and \$39 for children under 12. Take our day trip and see Canterbury for its famous cathedral, the *Canterbury Tales*, and the various antique shops! We first drive to Calais, where a car ferry will take us to Dover in the UK. Enjoy the English breakfast and shopping on board! Then, on the road to Canterbury, we will make a photo stop at Dover Castle.

DAY-TRIP TO THE U.K. *Please note the date change*** Saturday, December 3**

Departing bright and early, we'll first drive from Sterrebeek to Calais, where a P&O Car Ferry will take us to Dover. Enjoy the English breakfast and shopping on board! Upon arrival in U.K., we'll start by visiting the world famous Charles Dickens Market in Rochester, where the local shopkeepers are dressed like back in the 19th century. We'll watch the city parade in the afternoon, with the folk dancing in the main street. Enjoy the typical British food and the open air Glühwein-stores! This is just the right place to do your English Xmas Shopping. Outdoor Recreation trip is at the most affordable price of €150 for adults (double room) and €10 for children. Single room for an extra €20.

TWO GERMAN CHRISTMAS MARKETS * Sat, Dec 10 & 17 Come and browse these two typical German holiday markets! Price for each trip is \$35 for adults and \$25 for children under twelve years of age. You can sign up for one, the other, or both. First, we'll take you to the Aachen-Monchau Christmas Market on **Saturday, December 10**. Departure will be from Sterrebeek at 7:30 a.m. and we will have you back in the same evening. The following weekend, we'll visit the Cologne Christmas Market on **Saturday, December 17**. Departure and return at same time, same location.

DIAMONDS SHINE IN ANTWERP * Friday, December 23 See the multi-faceted city of Antwerp: the city of Rubens, the world centre for diamonds, a city of fashion, a shopper's paradise, a living city that appreciates art and history! In the morning, we'll visit the Rubens House with an Audio Radio Guide and later on, we'll head to the Diamond Museum. The afternoon will be free for shopping. Cost, including all entrance fees, is \$45 for adults, \$35 for children under 12.

SPECIAL EVENTS

Bldg 4, DSN 368-9639, CIV 02 717-9639.

ANNUAL USAG-BRUSSELS AUTUM FESTIVAL The 8th USAG-Brussels Autumn Festival will be held **Friday, October 28** from 3:30–6 p.m. at NSA Child & Youth Services, and followed by a Family Dance at the Three-Star Lounge. **Volunteers are always welcome!** This year's theme is the "Wild Wild West"! Check out the activities schedule:

- **1 p.m.:** Judging of the "Office Door Decoration Contest" in USAG-Brussels Buildings 1, 2, 3, and 4.
- **3-6 p.m.:** Hamburgers, chips and drinks (sodas and water) will be sold.
- **3:30-6 p.m.:** Enjoy "Door to Door Trick or Treating" in Buildings 1, 2, 3, and 4 (Boy Scouts and Girl Scouts will escort)!
- **3:30-11 p.m.:** BOSS will be hosting a Haunted House for those who dare to enter...
- **4-6 p.m.:** Join an Open Volleyball with the Sports Center.
- **Until 6 p.m.:** There will be Indian Face Painting, Buffalo Bingo, "Gold Rush" Fish Pond, and other Games and Crafts at CYS.

- **6:30 p.m.-11 p.m.:** All Ages Dance starts at the Three-Star Lounge or Kindergarten through 5th Grade may attend Movie Night at the CYS Multi-purpose area. Please sign up in advance at CYS: 02 717-9651.

AUTUMN FESTIVAL DOOR CONTEST Let your creativity run wild! The Annual USAG-Brussels Door Decorating Contest for the Autumn Festival is on! For those offices that would like to enter in the competition, contact Lisa at 02 717-9639. Judging will be **Friday, October 28** at 1 p.m.

CANDY DONATIONS Donations of pre-wrapped candy are needed for the Autumn Festival. Collection boxes are located at the APO Mail Room, Chapel office, and Building 4 Lobby. Please help us out by dropping in a bag or two! For information email Rikki, Volunteer Coordinator, or call her at 02 717-9679.

SPORTS & FITNESS CENTER Bldg 3, DSN 368-9667, CIV 02 717-9667.

FITNESS CENTER NEW HOURS Please note that, **since Saturday, October 1st**, the NSA/USAG-Brussels Sports & Fitness Center operating hours changed to better serve our customers' needs by accommodating those with flex schedules... or the "early birds" among you! The Fitness Center is now open Monday thru Friday from 5 a.m. to 8 p.m., Saturday & Sunday from 9 a.m. to 4 p.m., and from 5 a.m. to 12 noon on Holidays. Call Bill, DMWR, at 02 717-9753 if you have any question.

LOW IMPACT AEROBICS CLASSES to be held for free, every Monday, Wednesday and Friday from 5:30-6:30 p.m. in the Sports & Fitness Center. For more info call Jaymie at 02 717-9500.

RACQUETBALL 2005 LADDER Registration is still open until the end of the season at the NSA/USAG-Brussels Sports & Fitness Center. Play started on September 19 but runs thru December 2. There will also be a Post-season Tournament on 10 & 11 December! Sign up at the Gym, call 02 717-9652, or send an email to Vincent, Sports Specialist.

RUN FOR YOUR LIFE PROGRAM is designed to encourage fitness through running. Participants run at their own pace on their own time line and log their miles with the Fitness Center. Patches are provided to participants who meet the 100, 200, 300, 400, 500, 750, and 1000 mile markers. Individuals must be at least 18 years to participate.

MEDEX TRAINING Never done any fitness? Never used weighted equipment? This is for you! Contact the Sports & Fitness Center to schedule an appointment for a one-on-one introductory training.

PERSONAL FITNESS PROGRAM If your goal is to tone, lose fat, improve your health condition, train for a race or a special sport, don't wait any longer. Set realistic goals with your Sports Specialist. Call for a one-on-one personal fitness training program.

THREE-STAR LOUNGE
Bldg 1, DSN 368-9732, CIV 02 717-9732.

THREE-STAR LOUNGE at NSA-Brussels is open to all Tri-Mission ID cardholders and accompanied guests 18 years and older. **Hours:** Thursdays from 5:00 to 11:00 p.m., Fridays from 5:00 p.m. to 1:00 a.m., Saturdays from 7:00 p.m. to 1:00 a.m., and Sundays from 7:00 to 11:00 p.m. Minors are welcome during most activities when supervised by a parent or adult 18 years or older. **Our new schedule is as follows:**

In OCTOBER at the TSL...

- **October 20:** Movie Night – “Amityville Horror” (R) as of 7 p.m., as well as, Texas Hold Poker Tournament (no Money Play) from 7 to 11 p.m. Here is your chance to play poker and have fun! For further information contact Bill Semans, DMWR, at 02 717-9753.
- **October 21:** Pool Tournament kicks off at 9 p.m.
- **October 27:** Movie Night – “Monsters in Law”(PG-13)
- **October 28:** Autumn Festival - for kids and family (see details in the announcement below).
- **October 29:** Halloween Party - for adults only. Come out with your great costumes as of 9 p.m. and take a chance on winning a DVD player and some great door prizes!

In NOVEMBER at the TSL...

- **November 3:** Movie Night, as well as, Texas Hold Poker – both at 7 p.m.
- **November 4:** Right Arm Night, as of 5 p.m. Supervisors, come show your staff how much you appreciate them!
- **November 5:** Arts & Crafts Display. Come check out the treasures from our talents!
- **November 6:** calling all Football fans, just like every Sunday night at 7 p.m.
- **November 10:** Marine Party – stay tuned for details!
- **November 11:** Please note the TSL will be closed in observance of Veteran's Day
- **November 13:** Football Night, 7 p.m.
- **November 17:** Movie Night & Texas Hold Poker, at 7 p.m.
- **November 18:** Pool Tournament, be ready for 9 p.m.!
- **November 19:** closed for the Marine Ball
- **November 20:** Feel like watching Football with us tonight? Come support your favorite team as of 7 p.m.
- **November 22:** Singles' Thanksgiving & DOD Show “Ron White” for adults only.
- **November 24-26:** closed for Thanksgiving
- **November 27:** Come watch Football at 7 o'clock!

In DECEMBER at the TSL...

- **December 1:** Movie Night. Don't be late, it starts at 7 p.m.
- **December 2:** Call it a day at 5 p.m. this Friday and let's have a drink with your employees – it's Right Arm Night!
- **December 3:** Ready for some great fun? Take part in our "Army-Navy Game", beginning at 5 p.m.
- **December 4:** Football, as of 7 p.m. as usual
- **December 8:** closed (for OSI)
- **December 11:** Football – just like every Sunday night at 7 o'clock
- **December 15:** Movie Night. Want some good pop-corn and a great movie? Join us!
- **December 16:** Pool Tournament will kick off at 9 p.m.
- **December 18:** Sunday Football, 7 p.m.
- **December 22:** Movie Night: fun starts at 7 p.m.
- **December 24-30:** Sorry, we're closed... Happy Holidays, everyone!
- **December 31:** It's now or never: here's your chance to put on your nicest outfit – you gotta be at your finest for our New Year's Eve Party which will begin at 9 p.m. Watch this space for details... Also, come enjoy the end-of-quarter Poker & Pool Tournaments!

RECURRING EVENTS *Thursday Movie Nights:* every Thursday, the movie starts at 7 p.m. *Friday Right Arm Nights:* every first Friday of the month as of 5 p.m. *Sunday Football Nights:* every Sunday, come watch football at 7 p.m.

USEFUL MISC. INFORMATION...

FLU SHOTS The influenza vaccination has arrived at the NATO Health Clinic. **Effective immediately**, shots can be administered. Flu shots will be given on a walk-in basis, free of charge: Monday thru Thursday from 8-11:30 a.m. and 1-3:30 p.m. (20 min wait after vaccination), as well as, Friday from 8-11:30 a.m. and 1-2:30 p.m. (20 min wait after vaccination). Please be reminded that this vaccination is mandatory for all active duty members. Bring your shot record (yellow) for an appropriate annotation/update.

FINANCE OFFICE ADJUSTED HOURS Please note that the Benelux Finance Office hours of operation will be as follows in the next few weeks: on Friday, October 28, we will be open from 0900-1430 to participate in the USAG-Brussels Autumn Festival. On Tuesday, November 1st, we will be open from 1000-1400 in observance of All Saints' Day. On Friday, November 11, we will be closed for Veteran's Day. On Thursday & Friday, November 24-25, we will be closed for Thanksgiving. We are sorry for any inconvenience.

T'AI CHI FOR HEALTH AND ENERGY This course is still offered twice a week at NSA/USAG-Brussels until **December 8**. Classes are held on Tuesday and Thursday evenings

from 6:30 to 8 p.m. in the new Performing Arts Center (across from the travel agency) at the ground floor of Bldg 4. Cost of the 10 week session is \$30. No prior knowledge of martial arts is necessary. Your instructors are Tony and Ron. Call Bill, DMWR, at 02 717-9753 to sign up.

REFILL PHARMACY The SHAPE Healthcare Facility Prescription Refill Pick-Up is a new service available to TRICARE beneficiaries in the Brussels and SHAPE American communities since July 9 at the Chievres AAFES Base Exchange, in order to make prescription refills easier and more convenient for the patients. The service will be staffed from 11 a.m. to 2 p.m. on Saturdays, in the staff education room near the Exchange manager's office, in the rear of the store to the right of the shoe section. Medications will not be stored at the PX; the prescriptions will be prepared in advance on patient request, and transported to the site for distribution on Saturdays. Therefore, patients are asked to plan ahead and call ahead at 065 44-5981 and specify that they would like the meds to be prepared for BX pick-up.

VACANCIES

<http://www.chra.eur.army.mil/>

HOST NATION EMPLOYMENT OPPORTUNITY: Community Services Specialist - Employment Readiness Program. Open at ACS, USAG Brussels. Job reference BA-101-09, Opening Date: 10 October 2005, Closing Date: extended to 4 November 2005.

The Community Service Specialist will act as Employment Readiness Program Manager, assisting family members to find employment. The main duties of this position include keeping the Job Information Board at ACS updated with all the current employment opportunities in the USAG Benelux region, ensuring that current USAG Brussels employment opportunities are publicized throughout the community, providing job hunting skills and resume assistance to community members, coordinating and/or teaching professional development workshops, promoting these programs and liaising with other Human Resource professionals for program development purposes. In addition, the Community Service Specialist will oversee the ACS Volunteer Program and be the Brussels POC for American Family Team Building. The administrative duties of the position include overseeing and managing a non-personal services contractor, providing program input for the ACS annual budget, furnishing reports for higher headquarters, keeping customer service data, and updating the on-line annual report. For the complete job description and the application information, please refer to the CHRA Website.

VOLUNTEER OPPORTUNITIES

Bldg 4, DSN 368-9679, CIV 02 717-9679.

VOLUNTEERING AT APO The post office is always on the lookout for volunteers. If you are interested in volunteering, please stop by and talk to your APO postmaster or see the USAG-Brussels Volunteer Coordinator, and then come on down give us a hand.